



**NUTRARTIS**

*For a better life, the best sterols*

*Wellness Inside*



## WE ARE

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a Chilean company made up of a multidisciplinary team with a common goal: to support people in their adoption of a healthy lifestyle with a special focus on cardiovascular care. With over 10 years of research, we are specialists in optimizing the benefit of plant sterols.

## OUR MAIN DRIVE

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is to contribute to raising awareness about general wellbeing, physical and mental care, and substantially improving people's quality of life in every corner of the world.

## WE LIKE

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to overcome bold challenges and generate unique contributions, debunking myths about lowering cholesterol, researching, innovating and generating timely information.

## OUR EFFORTS

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are focused on introducing a premium, scientifically-based, consumer-friendly product in the global market. Transparency and integrity are the key features in every step of the process.

# INTRODUCING OUR ICONIC PRODUCT

After years of extensive research, focusing on clinical efficacy and efficiency, we formulated **CARDIOSMILE** which contributes to reduce cholesterol and triglycerides naturally and in a practical way, using a simple combination of plant sterols dispersed in water. Our liquid, dispersible formulation of plant sterols can be mixed **into any food or beverage of your choice**, providing an optimum 2-gram daily dose of plant sterols in each sachet. **CARDIOSMILE** was introduced in the Chilean market in 2016. It doesn't alter the flavor of your foods and it can be mixed into any food base.

**CARDIOSMILE is now the plant sterol-based product most recommended and sold in this channel in Chile.**

- Derived from natural food sources.
- 10% - 15% decrease in non-HDL cholesterol.
- 10% - 15% decrease in triglycerides after 28 days of consumption\*.
- No side effects.
- Calorie, gluten, fat, sugar, sodium and lactose-free.
- Flavorless and odorless, it doesn't alter the flavor of your foods and it can be mixed into any food base.



- It helps reduce waist size with a minimum consumption of 6 months\*\*.
- Safe to be consumed by adults and children from the age of 5.
- Consumption of plant sterols (2g) is recommended by the Food and Drug Administration (FDA), the European Food Safety Authority (EFSA), the European Atherosclerosis Society (EAS), the National Institutes of Health (NIH), and the Chilean Society of Cardiology Foundation (SOCHICAR), among others.



FOOD  
INNOVATION



CLINICALLY  
PROVEN



NATURAL  
PRODUCT

(\*) Amir Shaghghi, J.Funct.Food 2014, 280-289.

(\*\*) Forthcoming publication.



## CONTACT INFO

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